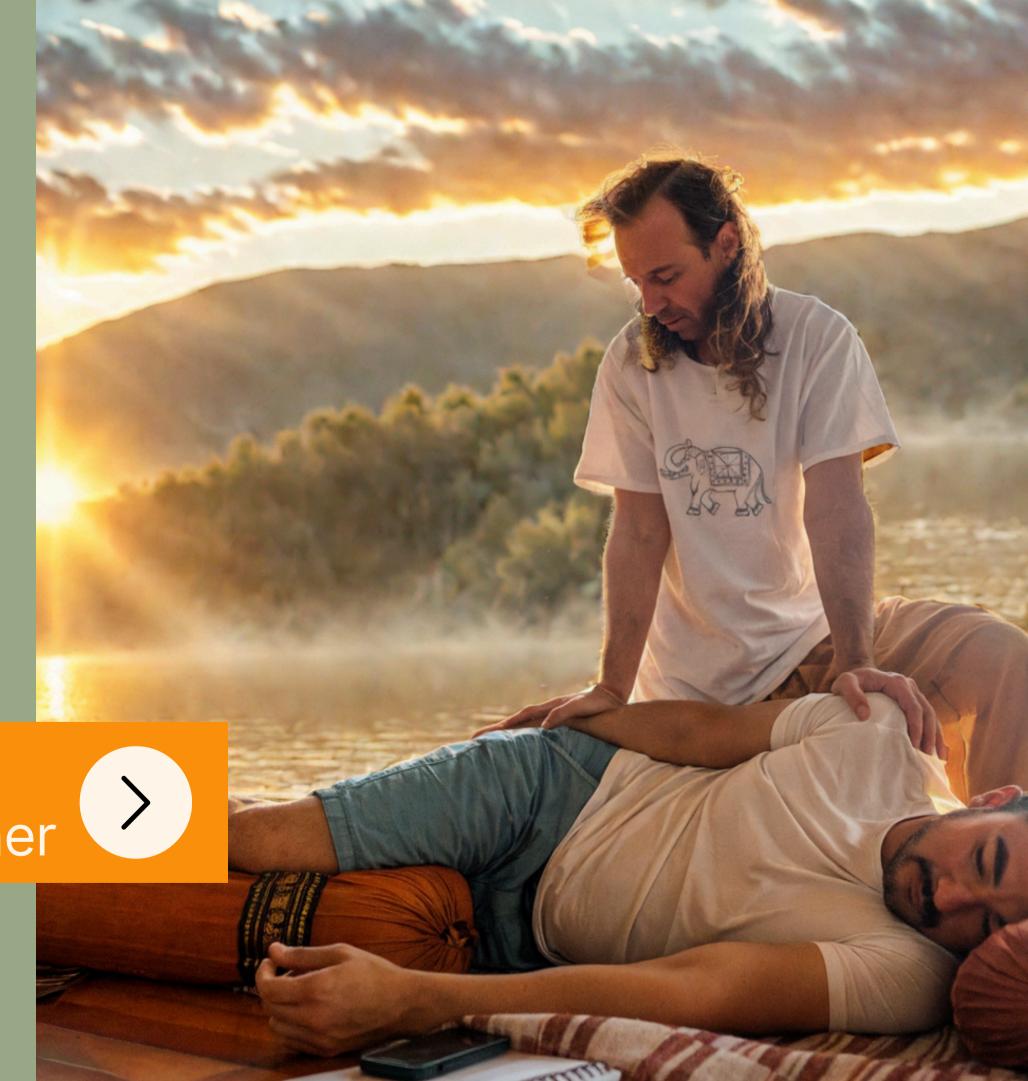
SYDNEY, Australia | Course Starts 2nd of June 2025

# DISCOVER THE ART OF THAI YOGA MASSAGE

Become a Certified
Thai Yoga Massage Practitioner

With Expert Kru Gab



### WHY CHOOSE THIS THAI YOGA MASSAGE PRACTITIONER COURSE?

Are you passionate about holistic healing and looking to expand your skills in therapeutic massage?

This comprehensive Thai Yoga Massage Course is designed to transform you into a proficient practitioner under the guidance of Teacher, Kru Gab.



### **Expert Instruction and only course in 2025**

Gab, our highly experienced and dedicated teacher, brings 19 years of expertise and a deep understanding of Thai Yoga Massage rooted in Chiang Mai, Thailand. Known for his engaging teaching style and profound knowledge, Gab has practiced and trained with over 500 people so far and learned from the best Masters and Teachers in Thailand. He ensures each student receives personalized attention and mentorship throughout the course. This will be the only TYM Practitioner Course available in Australia in 2025!

### **Comprehensive Curriculum**

The course program offers a thorough curriculum that covers different aspects of Thai Yoga Massage. From foundational techniques to advanced practices, you'll gain the skills and confidence needed to provide effective and transformative messages. Key topics include: We'll guide you to ensure that you learn and refine your skills through practical application, allowing you to become confident in your abilities.

- Understanding the principles and history of Thai Yoga Massage including the four foundations of Thai yoga massage (awareness, body mechanics, movement, and massage techniques using hands, knees, feet, and elbows).
- Mastering the art of acupressure and major energy lines (Sen)
- Learning to perform a full-body Thai Yoga Massage
- Techniques for stretching, rocking, and rhythmic massage
- Adapting massages for individual client needs (An introduction to Manual
- Therapy and what it means to work with the soft tissues of the human body.)
- Experience immersive, hands-on training sessions where you'll practice techniques in real time.

We'll guide you to ensure that you learn and refine your skills through practical application, allowing you to become confident in your abilities.

### ABOUT CHIANG MAI MASSAGE - NORTHEN STYLE THAI YOGA MASSAGE

Often compared to passive Yoga this bodywork combines stretching and pressure points to improve and unblock the flow of energy.

TYM is also known as "Northern Thai Style Massage". Thai Yoga Massage sequence utilizing yoga postures, passive stretching, acupressure, energy work, massage and meditation to assist people in reducing Upon successful completion of the course, you will receive a certification that qualifies you as a Thai Yoga Massage Practitioner.

This certification is recognized internationally, allowing you to practice and share your skills.

The course is recognized by Hang Dong Thai Massage School and certified by the Institute of Thai Yoga Massage.









### WHAT TO EXPECT

### **Get certified in Thai Yoga Massage in Australia!**

Specialize in this ancient technique and become a qualified practitioner, endorsed by the TYM Institute and accredited by Handong Thai Massage School in Thailand!

### Duration

Intensive 110-hour program spread over two weeks of physical classes (60 hours) plus self-study (anatomy and physiology) and practice (10 unsupervised massages). Practical classes are from Monday to Friday for two weeks.

### Venue and Class Size

Limited to 8 students per session to ensure personalized attention. Materials Provided: Comprehensive training manual, access to online resources, and ongoing support. Students will manuals.

The course will be held at the <u>North Sydney</u> <u>Yoga, NSW, Australia.</u>

### Schedule

Classes will be from Monday to Friday (2nd to the 13th of June. You are encouraged to start the day with an optional yoga in the morning at 9am and classes will start at 1045am each day finishing at 430pm on Tuesdays and Fridays and 5pm on Mondays, Wednesdays and Thursdays.

### LEARNING OUTCOMES



Students will receive an assessment on Fridays and will receive a written report. They are expected to have a 70% minimum mark. The self learning and practical massage should be completed between two weeks and four months after practical classes. By the end of the course, participants will receive a certificate and should be able to:

Perform two full-body Thai Massage sequences (2 hours each massage).

Apply foundational Thai Massage techniques for the full body with confidence.

Understand the basic principles of energy lines and holistic healing.

Communicate effectively with clients and manage a professional practice.

Maintain proper body mechanics to ensure personal well-being and client safety.



### WHAT OUR STUDENTS SAY?

### Rachel

I would recommend this course to others..who's looking for a career change.. I'm a Massage Therapist of 22 years..I'm proud to beable to add Thai Yoga Massage to my business...

### Jolita

The Thai massage with Gabriel was Absolutely amazing. I can highly recommend it to any who needs a complete reset  $\bigcirc$ 

### Rossman

Spent a weekend with Gab learning Thai Yoga massage in Brisbane amidst my busy schedule. He is professional and he keeps the classes small in numbers so we had a lot of hands on experience and his attention. Highly recommended amazing teacher. Thank you Gab!. Looking forward to your next workshop in Australia!.

Read more Google Reviews 5.0 Star - 48 Reviews

### FEE AND INVESTMENT

### **Ready to Start Your Journey?**

Spaces are limited, so secure your spot today!

Embark on a transformative journey of healing and become a certified Thai Yoga Massage Practitioner with Gab. Join us and make a meaningful impact in the world of holistic wellness.

### 10 Days Practitioner Course

- NZ\$1900 until the 5th of April 2025
- NZ\$2380 After the 5th of April 2025

### 5 Days Beginners Course or Side Positio (Advance)

- NZ\$1200 Early bird til the 5th of April 2025
- NZ\$1500 After the 5th of April 2025

### Includes:

- All days of training from Monday to Friday.
- Manual Sequence Booklet and a PDF version.
- Snacks, tea and coffee.
- Certificate of Practitioner of Thai Yoga Massage certified by the Thai Yoga Massage Institute and and recognized by Hang Dong Thai Massage School (Thailand).

### Enroll at www.gabmassage.com

### Contact Gab:

• WhatsAp: (+64) 220500685 -gabrielmorales99@yahoo.com



## ENROLL NOW AND TRANSFORM YOUR CAREER

Don't miss this opportunity to learn from one of the best in the field.

Whether you are a beginner or an experienced massage therapist looking to expand your skills, our Thai Yoga Massage Course will equip you with the knowledge and confidence to excel.

Register at Register at Gab Massage Web

www.gabmassage.com

Certified by

The Institute of Thai Yoga Massage

